

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: STZ

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Januarius Bart

Coaches: Iannino David HEADCOACH

Coaches: Leemans Mats

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 18: 200M BUTTERFLY MEN					Heat:1, starttime: 09:45
Heat: 1/4 Lane : 7 Athlete: MEERT VINCE					Q-time: 02:27:48
PB (50m pool): 02:27.48 Antwerpen 19/04/2026					PB (25m pool): 02:22.72 SB: 02:27.48 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.80	01:09.68	01:48.59	02:27.48	
	00:31.80	00:37.88	00:38.91	00:38.89	
					

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN					Heat:3, starttime: 09:59
Heat: 3/8 Lane : 2 Athlete: IANNINO VALENTINA					Q-time: 00:30:32
PB (50m pool): 00:30.32 Aalst 26/04/2026					PB (25m pool): 00:30.65 SB: 00:30.32 Aalst 26/04/2026
	5 0 M				
PB	00:30.32				
	00:30.32				
					

Coach feedback:

Event number: 19: 50M BUTTERFLY WOMEN					Heat:8, starttime: 10:05
Heat: 8/8 Lane : 8 Athlete: NAZARUK NICOLE					Q-time: 00:29:06
PB (50m pool): 00:29.06 Antwerpen 27/04/2025					PB (25m pool): 00:28.74 SB: 00:29.91 Luxembourg 01/02/2026
	5 0 M				
PB	00:29.06				
	00:29.06				
					

Coach feedback:

OBC LCM 2026: Session: 3: COACH evaluation sheet for TEAM: STZ

Event number: 20: 50M BREASTSTROKE MEN							Heat:2, starttime: 10:08		
Heat: 2/9 Lane : 3 Athlete: MEERT VINCE							Q-time: 00:32:51		
PB (50m pool): 00:32.51 MOUSCRON 29/05/2025							PB (25m pool): 00:31.71 SB: 00:33.16 Luxembourg - Kirchberg 15/03/2026		
	5 0 M								
PB	00:32.51								
	00:32.51								
									

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN							Heat:8, starttime: 10:14		
Heat: 8/9 Lane : 2 Athlete: VAN GROENIGEN KARSTEN							Q-time: 00:29:47		
PB (50m pool): 00:29.47 Antwerpen 22/03/2026							PB (25m pool): 00:28.85 SB: 00:29.47 Antwerpen 22/03/2026		
	5 0 M								
PB	00:29.47								
	00:29.47								
									

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN							Heat:8, starttime: 10:14	
Heat: 8/9 Lane : 7 Athlete: CLEYMANS KARSTEN							Q-time: 00:29:78	
PB (50m pool): 00:29.71 ANTWERPEN 30/07/2023							PB (25m pool): 00:29.39SB: 00:30.27 Antwerpen 19/04/2026	
	5 0 M							
PB	00:29.71							
	00:29.71							
								

Coach feedback:

Event number: 20: 50M BREASTSTROKE MEN							Heat:9, starttime: 10:15		
Heat: 9/9 Lane : 6 Athlete: CLEYMANS TORBEN							Q-time: 00:29:08		
PB (50m pool): 00:29.08 Luxembourg - Kirchberg 15/03/2026							PB (25m pool): 00:28.49SB: 00:29.08 Luxembourg - Kirchberg 15/03/2026		
	5 0 M								
PB	00:29.08								
	00:29.08								
									

Coach feedback:

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Event number: 22: 50M BACKSTROKE MEN			Heat:5, starttime: 10:38
Heat: 5/7 Lane : 3 Athlete: THIÉBAUT NOAH			Q-time: 00:26:74
PB (50m pool): 00:26.74 Antwerpen 27/04/2025			PB (25m pool): 00:25.76 SB: 00:26.85 Antwerpen 22/03/2026
	5 0 M		
PB	00:26.74		
	00:26.74		
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:3, starttime: 10:46
Heat: 3/9 Lane : 3 Athlete: NAZARUK NICOLE			Q-time: 01:01:00
PB (50m pool): 01:00.17 Antwerpen 14/04/2024			PB (25m pool): 00:57.86 SB: 01:01.00 Luxembourg 01/02/2026
	5 0 M	1 0 0 M	
PB	00:28.77	01:00.17	
	00:28.77	00:31.40	
			

Coach feedback:

Event number: 23: 100M FREESTYLE WOMEN			Heat:5, starttime: 10:49
Heat: 5/9 Lane : 5 Athlete: IANNINO VALENTINA			Q-time: 00:59:73
PB (50m pool): 00:59.33 Lago Gent Rozebroeken 03/05/2026			PB (25m pool): 00:58.68 SB: 00:59.33 Lago Gent Rozebroeken 03/05/2026
	5 0 M	1 0 0 M	
PB	00:28.49	00:59.33	
	00:28.49	00:30.84	
			

Coach feedback: